

Table for March 2nd (Monday) to 6th (Friday). Columns include date, meal name, ingredients with quantities, and nutritional values. Includes illustrations of a carrot and a pineapple.

Row of nutritional values for the first five days: (栄養価) 750 29.6 26.7, (栄養価) 672 22.3 14.1, (栄養価) 783 26.7 24.5, (栄養価) 812 31.7 31.9, (栄養価) 939 37.2 36.1

Table for March 9th (Monday) to 13th (Friday). Columns include date, meal name, ingredients with quantities, and nutritional values. Includes illustrations of a carrot and a graduation scroll.

Row of nutritional values for the second five days: (栄養価) 850 33.1 28.1, (栄養価) 743 23.9 22.7, (栄養価) 757 28.8 24.3, (栄養価) 823 31.2 28.6, (栄養価) 833 34.8 31.9

Table for March 16th (Monday) to 20th (Friday). Columns include date, meal name, ingredients with quantities, and nutritional values. Includes illustrations of a carrot and a graduation scroll.

Row of nutritional values for the third five days: (栄養価) 833 34.8 31.9, (栄養価) 690 24.8 14.7, (栄養価) 757 27.9 16.0, (栄養価) 780 28.4 27.5

Section for March 23rd (Monday) and 24th (Tuesday). Includes '修了式' (Graduation Ceremony) and '新献立の紹介' (Introduction of New Menu). Features a QR code and a list of new menu items: 2日(月)とり天, 6日(金)スラッピージョー, 12日(木)豚肉とごぼうのしぐれ煮, 16日(月)のりマヨサラダ.

※栄養価は、左からエネルギー(kcal)、たんぱく質(g)、脂質(g)の順に記載しています。 (文部科学省基準) エネルギー 830kcal, たんぱく質 27~42g, 脂質 18~28g